

Joint Meeting of the  
IOWA MENTAL HEALTH AND DISABILITY SERVICES COMMISSION  
and the  
IOWA MENTAL HEALTH PLANNING AND ADVISORY COUNCIL  
October 19, 2017, 1:00 pm to 3:00 pm  
Polk County River Place, Room 1  
2309 Euclid Ave, Des Moines, Iowa  
MEETING MINUTES

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MHDS COMMISSION MEMBERS PRESENT:

Thomas Bouska	Geoffrey Lauer
Pete Brantner	Brett McLain (phone)
Dennis Bush (phone)	John Parmeter
Thomas Broeker	Rebecca Peterson (phone)
Jody Eaton	Rebecca Schmitz
Marsha Edgington	Jennifer Sheehan
Kathryn Johnson	
Betty King (phone)	
Sharon Lambert (phone)	

MHDS COMMISSION MEMBERS ABSENT:

Marilyn Seemann	Representative Lisa Heddens
Senator Mark Costello	Senator Liz Mathis
Representative David Heaton	

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL MEMBERS PRESENT:

Teresa Bomhoff	Kimberly Wilson (phone)
Anna Killpack	Michele Tilotta
Carole Police	Sharon Lambert (phone)
Harry Olmstead (phone)	Todd Noack (phone)
Jim Rixner	Heather Thomas
Jim Cornick	
Kenneth Briggs	

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL MEMBERS ABSENT:

Brad Richardson	Josh McRoberts
Brenda Lechner	Julie Kalambokidis
Dennis Sharp	Kathleen Goines
DJ Swope	Kris Graves
Donna Richard-Langer	LeAnn Moskowitz
Earl Kelly	Lee Ann Russo
Gary Keller	Michael Kaufmann
George Estle	Tammy Nyden
Jennifer Vitko	Todd Lange
Jim Chesnik	Tracy White
Jim Donoghue	

## OTHER ATTENDEES:

Barb Anderson	Department of Education
Theresa Armstrong	MHDS, Bureau Chief Community Services & Planning
Hannah Beach	Legislative Services Agency
Kris Bell	Iowa Senate Democrats Caucus Staff
Jess Benson	Legislative Services Agency
Judy Davis	NAMI/Office of Consumer Affairs
Deb Dixon	Department of Inspections and Appeals
Sandi Hurtado-Peters	Department of Management
Natalie Koerber	Amerigroup
Julie Maas	MHDS, Community Services & Planning
John McCalley	Amerigroup
Ellen Ritter	Heart of Iowa MHDS Region
Flora Schmidt	IBHA
John Stoebe	University of Iowa Hospital and Clinics

## WELCOME AND CALL TO ORDER

MHDS Commission Chair John Parmeter and Mental Health Planning Council Chair Teresa Bomhoff called the meeting to order at 1:02 pm.

John Parmeter and Teresa Bomhoff led introductions.

## MHDS Update – Theresa Armstrong

Theresa Armstrong said that people may have heard about MHDS Regions under stress specifically South Central looking at their crisis services. Theresa said the region had a strong residential provider that had five crisis beds in one county and the region wanted to spread those resources across the region. The provider did not feel they could meet the requirements the region has proposed and decided to close. Theresa said the region is not losing crisis residential services but are changing the location of where they will be provided.

Theresa said that there are some regions where there is county turmoil specifically the Sioux Rivers and County Social Services regions. Theresa said that Woodbury has voted to dissolve the region because they are not happy with a service provider in the county and want board action. Theresa said that there are four counties in the CSS region that are struggling with the region being too big and feel their needs aren't being met and have started to take action to do something else.

Kathy Johnson asked what options the counties have and if they are required to find another region to join. Theresa said they are exploring their options and it would take legislative action for counties to form new regions since the original time limit on forming regions has expired. Theresa said that the MHDS Commission and DHS don't have roles to play if a county chooses to leave their region and join another. Theresa said Director Foxhoven has said that DHS doesn't support realignment of regions where people aren't able to access the full array of services or smaller service areas.

Jody Eaton asked if DHS is able to provide guidance to the counties looking to leave their region. Jody said it is a requirement for the county to send a letter of intent to join and it is up to the board to say yes. Jody asked if there is a process in place if no other region allows the counties to join their region. Theresa said that is one of the questions that DHS has asked to see if DHS has the authority to assign counties to a region. Theresa said they are offering guidance where they can.

Tom Bouska asked if there was minimum population requirement for regions. Theresa said there wasn't and the original workgroup had recommended population requirements but that didn't make it into legislation.

There was discussion on the need for each region to be able to maintain a set level of services and the need for consistency across the state.

Theresa gave an update on the Complex Service Needs Workgroup. Theresa said that some of the ideas being discussed at the workgroup access centers that are a one stop shop located in geographic areas and the development of providers that are committed to serving this population. Teresa Bomhoff said that there is a subcommittee of the workgroup that is meeting to come up with a definition of complex needs and the geographical regions.

Kathy Johnson asked if there is anything binding in the report that regions and the state are submitting. Theresa said the regional groups have had their own workgroups which will continue to work on their efforts and they submitted plans which address strategies about what will work in their communities and how they will spend down their fund balances. The statewide group is looking for similarities across the regional plan which will go into their report to the legislature which might be incorporated into legislation. Theresa said the only thing binding in SF 504 is the requirement for regions to spend down their fund balance and if they don't they will have to reduce their property tax levy.

Jody Eaton said that the regions really did see this as a beginning for their plan which will be spelled out specifically in their annual plan submitted in April. Theresa said the plans the regions submitted included increasing public awareness of services and resources, evaluating crisis services, staff shortages and retention, training and developing quality staff, building community based services, intense care coordination and developing a stronger relationship with law enforcement.

Theresa discussed Iowa moving to a tiered rate system for services under the Intellectual Disability Waiver on December 1<sup>st</sup>. Theresa said providers have been notified and there has been training for providers. Theresa said a workgroup of providers assisted with the development of the tiered rates. Theresa said the ID Waiver had to stay budget neutral and this isn't a cut but a way to standardize payment across providers based on service needs. Theresa said individuals are accessed using the SIS tool which will assign them to one of six tiers and each tier has a rate. Theresa said there is a phase in period for for three groups of daily providers. The three groups are: providers who will experience a loss in revenue from the change, providers that will be unaffected, and providers that will see an increase from the rate change. The first group to be phased in will be the group that will be unaffected and the others will be phased into the tiered system July 1, 2018.

Theresa gave an update on staffing changes at MHDS. Theresa said a new superintendent was hired for Glenwood Resource Center. Theresa said the new superintendent is from Kansas and did a very similar job in Kansas for 13 years. Theresa said that within MHDS there has been

one retirement and one coming December 1<sup>st</sup>. Theresa said Carmen Davenport who assisted in identifying services across the state retired and Suzanne Fross who assists with the bedtracking system and the state payment program will be retiring December 1<sup>st</sup>. Rebecca Schmidt asked if they will be replaced. Theresa said that the budget isn't good but she hopes she will be able to replace at least one if not both positions.

Teresa Bomhoff asked if the MHPC and MHDS Commission will be privy to programs that are under threat and she received a list of programs from Representative Heaton of programs that are on the chopping block. Theresa said she wasn't sure which list Teresa has seen but there were cost containment measures for fiscal year 2019 discussed at the DHS Council meeting which can be sent out to the group.

### **MHDS Regional Update on Quality Service Delivery Assessment (QSDA)**

Sara Lupkes from Polk County and Kimberly Wilson CEO of Northwest Iowa Care Connection Region presented a power point on the regional data collection process and beginning results for the regional quality service delivery assessment.

John Parmeter asked how the performance measures were selected, how the data is reported, and what population is being surveyed. Sara said they looked at SAMHSA for wellness indicators and chose somatic, community integration, housing, and employment as a meaningful role. Sara said the information is collected by community providers and they encourage them to collect the information for all of the individuals they serve.

Kathy Johnson asked if there is any indication of progress made by an individual because the acuity of the individuals a provider serves can impact their outcomes. Sara said that when they meet with providers they take into consideration the individual stories behind the data.

Carole Police asked if this is only for individuals in Iowa and who is trained on the outcomes. Sara said they are only collecting data on Iowans and the 5 star quality training is targeted at direct support staff. Sara said that every MHDS Region is participating and there are providers in each region participating but they would like it to be every provider.

Heather Thompson asked if Polk County's system can interface with CSN which is used by the other regions. Sara said Polk County is looking into it so that everyone is using the same system.

### **Discussion of Legislative Recommendations for 2017**

John Parmeter presented the Commission's draft legislative priorities which include sustainable funding for MHDS Regions, adequate reimbursement rates for providers, adding transportation as a reimbursable expense, developing a robust Medicaid program with a full array of services, eliminating the Home and Community-Based Services (HCBS) waiver waiting list, developing a children's mental health system, a workforce development program for mental health providers.

Teresa Bomhoff presented a list of legislative priorities that were approved in September. The priorities included investing in mental health workforce, building peer support services, funding for a children's mental health system, developing subacute services, and developing capacity for mental health treatment outside of jails and the corrections system.

Jim Rixner said he was supportive of the legislative priorities and said priorities shouldn't change because of funding. Jim said there shouldn't be a distinction between core and core

plus services and they should all be considered core services even if some services aren't funded.

Sharon Lambert asked if Iowa was missing out on any federal funds. Teresa Bomhoff said there are system of care grants available and asked Theresa Armstrong if Iowa would apply. Theresa Armstrong said that federal grants frequently require state match and the federal money disappears over time leaving the state responsible for funding the program. Theresa said if they are going to start a program they need to be able to sustain it over time.

**Public Comment**

There was no public comment.

The meeting was adjourned at 3:15 pm.

Minutes respectfully submitted by Julie Maas.